

HCMA Foundation Physician Wellness Program

Physician Well-being Series

Session 1:

Title: Program Kick-Off: Let's Get Excited About Physician Well-being

Facilitator: Dian Ginsberg, EdD, CPCC, CHWC

Date & Time: Thursday, September 7, 2023 – 6:00pm – 7:30pm

Session Description: Participants will be asked to complete a CONFIDENTIAL wellness assessment and asked to submit wellness questions to be addressed throughout the webinar series. The kick-off will be designed to open the wellness discussion, provide an update on the national and local state of physician wellness based upon recent research and share new developments and initiatives on physician wellness. This session is designed to establish psychological safety for webinar participants, clarify confidentiality, and discuss critical issues concerning physician wellness.

This Physician Well-being Series is brought to you by the HCMA Foundation Physician Wellness Program (PWP). For more information about the PWP and the other benefits offered, please visit

<https://hcma.net/hcma-physician-wellness-program>



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